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## "AGING WITH DIGNITY: AN INFORMED LOOK AT DISABILITY"

**Disability** describes a wide range of physical (**visible**), mental (**invisible**), and **developmental** challenges that affect and impact the ability to participate in daily activities.

The Government has adopted various laws and regulations to ensure that individuals with disabilities have equal access to opportunities and protections in all aspects of life. Among these: **the Americans with Disabilities Act (ADA)**, **the Rehabilitation Act**, **the Fair Housing Act**, **the Individuals with Disabilities Education Act (IDEA)**, **the Social Security Disability Insurance (SSDI) program**, and **the Southwest ADA Center**.



**The Care Connection for Aging & Disability Resource Center (ADRC)**, is a collaboration between the Administration for Community Living, the Centers for Medicare and Medicaid Services, and the Veterans Health Administration, to streamline access to long-term services and supports for older adults, people with disabilities, and their families.

### Our Core Services are:

- Provide Resources & Navigation to Long Term Care Services & Supports
- Benefits Counseling
- Housing Navigation
- Options Counseling
- Special Programs & Services

### Contact us:

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Listen to our upcoming podcast for more information!

Sincerely,

A handwritten signature in black ink, appearing to read "PJ".

Paula Johnson