





MSC ADMINISTRATION

832-393-4145

Suite 156

Monday - Friday 8 a.m. - 5 p.m.

The auditorium is available for rental for events such as public meetings, receptions, workshops, banquets and seminars, etc. The conference room is available for smaller meetings.

AVANCE HOUSTON HEAD START

713-694-1619 Monday - Friday

7:15 a.m. - 4 p.m.

Avance Suite

Provides early education to children of low-income families who are three to five years old by Sept. 1 of the program year. Offers integrated and interdisciplinary services that focus on the whole child as well as the family: health services, nutrition services, metal wellness services, family services and special services for children with disabilities.

MAYOR'S CITIZENS ASSISTANCE OFFICE

832-393-4117

Monday-Friday 7:30 a.m. - 4:30 p.m.

Suite 205

Functions in a customer service capacity to ensure that City of Houston services are delivered to neighborhoods. Investigates problems and guickly reports to the proper department to be solved within a reasonable period of time. Also provides support to groups involved with community development activities and works directly with civic clubs, neighborhood organizations, schools and churches. Serves as an information and referral source.

BAKER RIPLEY SENIORS' PROGRAM

832-393-4127 Monday-Friday Suite 189

8 a.m. - 3 p.m.

Provides socialization, recreation, health and nutrition education for seniors 60 and older. Meals on site are also provided.







ALCOHOLICS ANONYMOUS

832-393-4145

Monday & Tuesday 6:30 p.m.- 7:30 p.m.

Provides support group meetings for recovering substance abusers.

CIVIC HEART COMMUNITY SERVICES NAVIGATOR PROGRAM (FORMERLY CHANGE HAPPENS)

832-393-4145

Tuesday & Wednesday 8 a.m. - 5 p.m.

Affordable Care Act Navigator Program

The Change Happens Affordable Care Act Navigator Program ensures Texans in the Gulf Coast Region can access high-quality, affordable health coverage in the Federal Marketplace. The program provides navigator services in Harris and Fort Bend Counties.

FARMER'S MARKET

after Saturday opening

Monthly from Apr. to Sept. 10:30 a.m. - 2:30 p.m.

Provides an opportunity to purchase organic grown fruits and vegetables. Check gohealthyhouston for the calendar.

WIC

Monday

Monday	5 d.iii. 0 p.iii.
Tuesday – Friday	8 a.m 5 p.m.
Closed for lunch	12 p.m 1 p.m.
Open 1st Saturday	
of the month	8 a.m 12 p.m.
Following Friday	8 a.m 12 p.m.

9 a.m. - 6 p.m.

Provides nutritional education and supplemental food to promote good health for infants, children up to age five and pregnant, breast feeding and postpartum women.

CONGRESSWOMAN SHEILA JACKSON-LEE

By Appointment Only

Acts as Liaison between federal agencies and constituents of the 18th Congressional District. Assists in the resolution of constituent issues such as Veteran Affairs, Immigration and Naturalization matters.

CAREER RECOVERY RESOURCES, INC.

713-754-7077

Monday & Wednesday 11:30 a.m. - 8:30 p.m. Tuesday 9 a.m. - 6 p.m. Suite 166

We provide an array of support activities such as workforce development, general education, counseling, case management, job readiness services, and disaster relief assistance. We aim to educate clients on the various soft skills needed in acquiring and maintaining a job and assist with acquiring employment. To that end, we partner with vocational schools, trade schools, colleges, and community colleges to help educate our clients while providing them an opportunity to gain a skill or trade.

DIABETES AWARENESS AND WELLNESS NETWORK

832-393-6700

The DAWN Center provides free diabetes selfmanagement education and many other health related services to Houstonians in order to reduce and prevent chronic disease.

GET MOVING URBAN GARDENS

The Get Moving Houston Urban Gardens provide hands-on experience in vegetable gardening and urban agriculture to community members and encourage the consumption of local fruits and vegetables.







SUMMER PROGRAM

BEAT THE HEAT

832-393-4145 Monday - Friday (June-Oct.)

Lobby

8 a.m. - 5 p.m.

Acres Homes Super Neighborhood Council No. 6 3rdThursday of every month

CENTER

MEETINGS

Fourth Thursday

6 p.m. - 8 p.m.

7 p.m. - 8:30 p.m.

The Old Acres Homes Citizens Council

COMMUNITY ORGANIZATION

North Division Community PIP Meeting

First Tuesday 6:30 p.m. - 7:30 p.m.

Willow Run/ North Plaza Civic Club

832-393-4145 or 713-773-6000 ext.141

First Monday 6 p.m. - 7 p.m.

HOUSTON FINANCIAL EMPOWERMENT

Provides water and snacks as a cooling center for individuals needing to escape high temperatures

LIFT ZONE (HOTSPOT INTERNET ACCESS)

Comcast Lift Zones provide free hotspot internet access to help students get on line, participate in distance learning, and do their homework.

HOUSTON FOOD BANK SENIOR FOOD BOX PROGRAM

832-393-4145

2nd Tuesday of every other month 8 a.m. - 11 a.m. Auditorium

Provides food assistance to seniors of age 60+ on a monthly basis.

LIFE HOUSTON

713-528-6044

MTWF 9 a.m. - 4 p.m.

Suite 207

Provides short-term infant formula and baby food on emergency basis for babies up to 12-months.

Monday - Friday 9 a.m. - 4 p.m.

The Financial Empowerment Center provides one-toone, professional financial counseling to Houstonians at no cost to residents. It is staffed by professionally trained financial counselors who will help individuals and families to better manage their finances, pay down debt, increase savings, establish and build credit, and access safe and affordable mainstream banking products.

NURSE-FAMILY PARTNERSHIP

832-393-4112

Monday - Friday 9 a.m. - 6 p.m.

Provides home visitation services and case management to first-time mothers.

THE HARRIS CENTER

346-267-3118

Monday - Friday 9 a.m. - 4 p.m.

By appointment only.

Provides mental health services by appointment.