HOUSTON HEALTH DEPARTMENT

SOUTHWEST MULTI-SERVICE CENTER

6400 High Star
Houston, Texas 77074
Office: (832) 395-9900
Fax: (832) 395-9951

MSC ADMINISTRATION
(832) 393-3719

Monday-Friday 8:00 a.m. - 5:00 p.m.

Rental space is available at the Southwest Multi-Service Center for any events, such as public meetings, receptions, workshops, banquets, seminars, etc. For further information regarding rental fees and space availability, please contact Jonathan Merlo.

HOUSTON PUBLIC LIBRARY EXPRESS
(832) 393-2660

Monday	10:00 a.m. - 6:00 p.m.
Tuesday	12:00 p.m. - 8:00 p.m.
Wednesday	10:00 a.m. - 6:00 p.m.
Thursday	10:00 a.m. - 6:00 p.m.

Closed Friday and Saturday

HPL provides a large collection of resources for children, students, professors, small business owners and anyone looking to take advantage of the technology resources available. Workshops and other free programs are available for the entire family in a safe and welcoming space.

LEGACY COMMUNITY HEALTH SERVICES
(832)-548-5300

Provides infant and toddler car seats to parents at low cost.

MAYOR'S OFFICE OF NEW AMERICANS
(832) 395-9913

Mayor's Office of New Americans informs and educates immigrants & refugees about the immigration laws of the United States, provides referrals and acts as liaison between immigrant communities and city government. They also offer access to immigration lawyers through their connections to other agencies. They collaborate with these agencies to host monthly immigration forums throughout the city. For more information, contact Azeb Yusuf.

LIFE HOUSTON
(713) 528-6044

Tuesday & Thursday	9:30 a.m. - 2:00 p.m.
Wednesday & Friday	12:00 p.m. - 4:00 p.m.

Closed Monday

L.I.F.E Houston's *Food for Hungry Babies* program provides emergency infant formula. If you have an infant up to 1 year of age, they can help with a 5 to 7 day supply. Please call us for more information, other locations and their hours of operation.

TEXAS CHILDREN'S HEALTH PLAN
Every Tuesday 9:00 a.m. - 3:00 p.m

Application assistance for the following services: Medicaid, CHIP, & CHIP Perinatal

HOUSTON HEALTH DEPARTMENT

WOMEN, INFANT & CHILDREN NUTRITION PROGRAM FOR PREGNANT WOMEN AND CHILDREN UNDER 5 YEARS OLD (WIC)

To schedule an appointment call (832) 393-5427

Monday	9:00 a.m. - 6:00 p.m.
Tuesday	8:00 a.m. - 5:00 p.m.
Wednesday	8:00 a.m. - 5:00 p.m.
Thursday	8:00 a.m. - 5:00 p.m.
Friday	8:00 a.m. - 5:00 p.m.
3rd Saturday of month	8:00 a.m. - 12:00 p.m.

Women, Infants and Children program (WIC) is a special supplemental nutrition program which provides health care referrals, nutrition education and nutritious foods to pregnant, breastfeeding and postpartum women, and children under five who have nutrition-related health problems. Clients also receive additional referrals to other agencies that can provide them with more complementary help.

COMMUNITY HEALTH CHOICE

Every Thursday 8:30 a.m. - 2:30 p.m.

Application assistance for the following services: Medicaid, CHIP, & CHIP Perinatal

COMMUNITY GARDEN PROGRAM

Community Gardening & Harvesting

The Houston Health Department provides a community garden where community members can serve as volunteers. You will learn how to keep yourself and your family active, all while maintaining a garden. The volunteers have the opportunity to take the harvest home with them free of charge.

HOUSTON FOOD BANK BOX PROGRAM

(832) 369-9390

4th Monday every other month 9:00 a.m. - 11:00 a.m.

The Supplemental Food Program provides nutritious meals to senior citizens, pregnant women, postpartum mothers, infants, and children. Participants receive one box of food once a month. People over 60 years old and income eligible, women who are pregnant, breastfeeding, under one year post partum, and infants/children under six years old who DO NOT receive WIC benefits are eligible to receive this benefit.

HOUSTON FOOD BANK CLIENT ASSISTANCE PROGRAM

Help Line (832)-369-9390

Monday-Friday First come first serve

Houston Food Bank's Client Assistance Program (CAP) provides application assistance for social/health services. Application Assistance: Food Stamps (SNAP), TANF cash benefits, Children's Medicaid, Children's Health Insurance Program (CHIP), Women's Health Program (family planning, health screenings thru Medicaid Program), CHIP Perinatal Pro-gram. They also offer linkage and referral services to other social service providers and other food bank program.

BAKER RIPLEY SHELTERING ARMS SENIOR PROGRAM

(832)-395-9922

Monday-Friday 8:00 a.m. - 1:00 p.m.

To qualify for the senior program you must be 60 years of age or older. The program focuses on socialization activities for the participants, including arts & crafts, among others. There is an opportunity to volunteer for this program.

FARMERS MARKETS

(832) 395-8210

Get Moving Houston program organizes markets in under-served, inner-city neighborhoods from April-September every year. The initiative provides easier access to affordable fruits and vegetables in local communities.

For more information, visit:
www.houstontx.gov/health/farmersmarkets/