



HOUSTON HEALTH
DEPARTMENT

WEST END MULTI-SERVICE CENTER

170 Heights Blvd.
Houston, Texas 77007
Phone: 832-393-5950
Fax: 832-393-5977



MSC ADMINISTRATION

832-393-5950
Monday - Friday 8 a.m. - 5 p.m.

The center brings together individual agencies and services to address the special needs of the neighborhood. Rental space is available for public meetings, receptions, workshops, banquets, seminars, etc. For further information regarding rental fees and space availability, please contact Ms. Pen.

BEAT THE HEAT WITH RELIANT

June - October
Monday- Friday 8 a.m. - 5 p.m.

Serves as a cooling center for individuals needing to escape high temperatures.



BAKER RIPLEY SENIOR HEALTH AND WELLNESS CENTER

281-744-0666
Monday - Friday 8 a.m. - 2 p.m.
Contact: Myra Sistos, Site Specialist
Email: msistos@bakerripley.org

Senior Health & Wellness Centers are a safe place for older adults to visit during the day, eat a hot, nutritious lunch, make new friends and engage in activities like:

- Health and Wellness Classes
- Exercise Classes and Tai Chi
- Games
- Arts and Crafts
- Parties Special Events
- Senior Resources
- Filed Trips



HOUSTONHEALTH.ORG

Houston Health Department
8000 North Stadium Drive, Houston, TX 77054, 832-393-4220



CHILD CARE OF GREATER HOUSTON, INC

Contact Brittany Jones @713-868-1555
Monday-Friday 7 a.m.-6 p.m.

Provides child-care education for children 6 months to 5 years of age. Offers planned educational programs coordinated by state licensed staff, 3 daily meals, school age after school up to 12 years old and parent involvement opportunities.

GET MOVING URBAN GARDENS

The Get Moving Houston Urban Gardens provide hands-on experience in vegetable gardening and urban agriculture to community members and encourage the consumption of local fruits and vegetables.

HARRIS CENTER FOR MENTAL HEALTH AND IDD

Juan C. Cruz at 713-970-4418
Monday- Friday 8 a.m. - 5 p.m.

Provide supported employment, supported housing and substance use counseling to adults with a mental illness.

L.I.F.E. HOUSTON

713-528-6044 or 713-428-2065

L.I.F.E. Houston provides emergency food for babies from birth to 12 months.

CENTER FOR RECOVERY & WELLNESS

832-373-3050

Mon., Wed., and Fri. 9 a.m. - 1 p.m.

Recovery support groups:

Tues., Thurs. 5 p.m. - 8 p.m.

dorothy.west@wellnessandrecovery.org

The cRWR provides recovery support by promoting greater focus and awareness of choices, actions, and responsibility. Recovery Coaching and Recovery Support Services concentrates on where you are now and what you are willing to do to enjoy a better tomorrow.

