

HAND SANITIZER STATION



TECHNIQUE MATTERS WHEN
CLEANING YOUR HANDS

It only counts if you use
the right amount,
the right way.

- ▶ Use enough
alcohol-based hand
sanitizer to cover all
surfaces of your hands.
- ▶ You might need more
than one pump.
- ▶ For alcohol-based hand
sanitizer, your hands
should stay wet for
around 20 seconds if
you used the right
amount.

ALCOHOL-BASED
HAND SANITIZER

Protect Yourself.
Protect Your Patients.

**CLEAN
HANDS
COUNT**

Who do your **#CLEANHANDSCOUNT** for?



www.cdc.gov/HandHygiene

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