



Houston Health Department

2023-2024 Weekly Influenza Report

Syndromic Surveillance

MMWR Week 2024 06 (ending 02/10/2024)

Key Highlights:

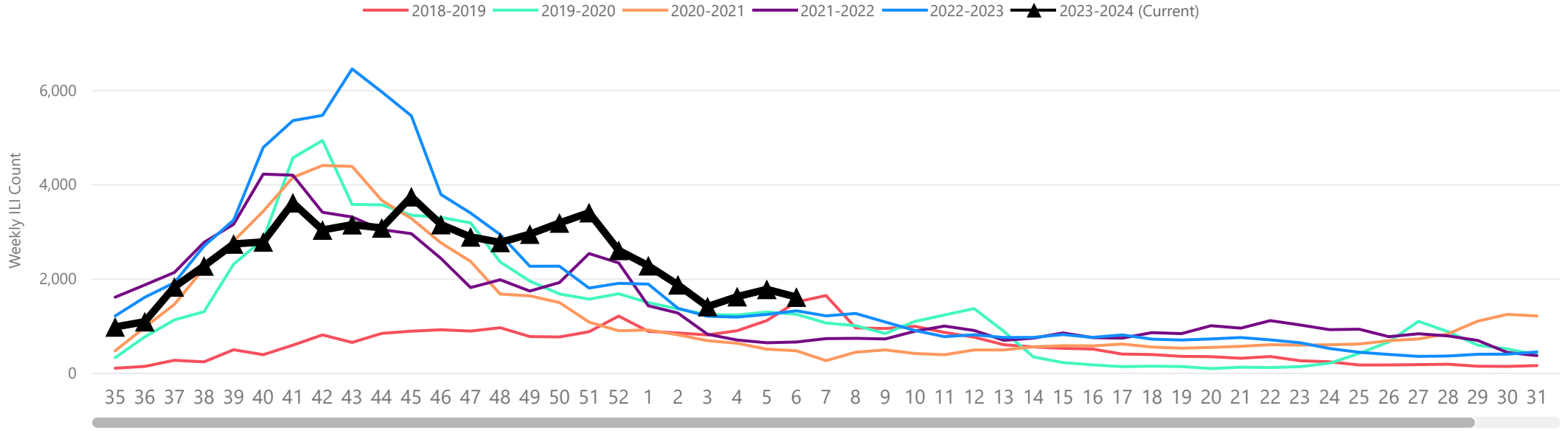
Historically, the influenza season begins around the first of October, usually MMWR Week 40. Last season (2022-2023), HHD observed an uptick in influenza prior to Week 40. Because of this slight change in timeline from the traditional influenza season, all figures in this report currently begin on Week 35. There is a 7 day lag for state and national values reported. Last 5 weeks of syndromic data are subject to change.

Figures begin on [page 3](#) of this report. *Please note that wastewater was not sampled for 2024 Week 3 due to weather events.*

- [ILI & Resp Syndrome Historical \(COH\), page 3](#): The weekly ILI syndrome count is down from the previous week and overall trend has been increasing/plateauing the past few weeks. The weekly Resp syndrome count is slightly up from last week, consistent with previous seasons for the timeframe.
- [Respiratory Diagnoses Historical \(COH\), page 4](#): The weekly flu diagnosis count is down from last week and has been trending flat/decreasing the past several weeks. The weekly RSV diagnosis count is slightly down from previous week and trending downward for the past few months/leveling out the past few weeks. The weekly COVID-19 diagnosis count is down from the previous week but trending slightly upward, similar to trends and counts seen in previous seasons for this timeframe.
- [Current Respiratory Diagnoses with Wastewater data, page 5](#): the weekly influenza diagnosis count and wastewater level are down from the previous week. The RSV diagnosis count and the wastewater level are down from the previous week. The COVID-19 diagnosis count is down from the previous week, while the wastewater level is slightly up from the previous week.
- [Current Flu Season with Texas and National trends, pages 6](#): Both national and Texas counts of positive influenza tests by clinical laboratories and ILINet % of visits for ILI are potentially leveling out/trending down after weeks of increasing trends, with the exception of the % ILI for Texas which has been trending upward for the past 4 weeks.
- [Demographics of Flu Diagnoses for COH \(past 5 weeks\), page 7](#): a majority of the current seasons flu diagnoses in the past 5 weeks in COH are children ages 5 to 17 and this age group and children under 5 age group have the highest ILI visit percentages. Males and females make up close to equal proportions of flu diagnoses, with males having a slightly higher % ILI visits. Hispanics followed by NH Blacks make up a majority of flu diagnoses for the past 5 weeks, however, NH Asians have the highest ILI visit percentage the past couple of weeks.
- Page 8 & 9 are the same figures shown in pages 3 and 4, except the display trends for the whole PH6/5S region, which currently mirror the trends of COH.

ILI & Resp Syndrome during Flu Season: 2023-2024 and previous 5 years

Weekly ILI Syndrome Count



Select Region

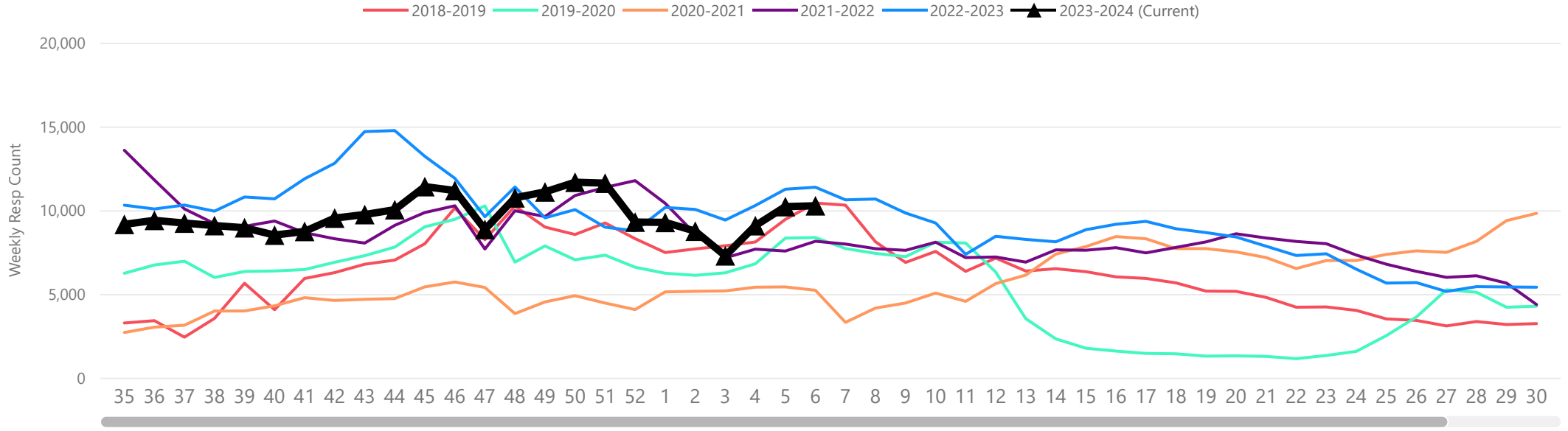
COH ZIP

PH6/5S

The syndromic surveillance system ESSENCE (Electric Surveillance System for the Early Notification of Community-based Epidemics) assigns incoming records to preset syndrome groups.

A **syndrome group** is a set of associated symptoms, conditions, and/or diagnoses. ESSENCE searches chief complaint and discharge diagnosis fields for keywords and ICD codes to determine if a record fits into one or more of the pre-defined syndrome groups.

Weekly Resp Syndrome Count



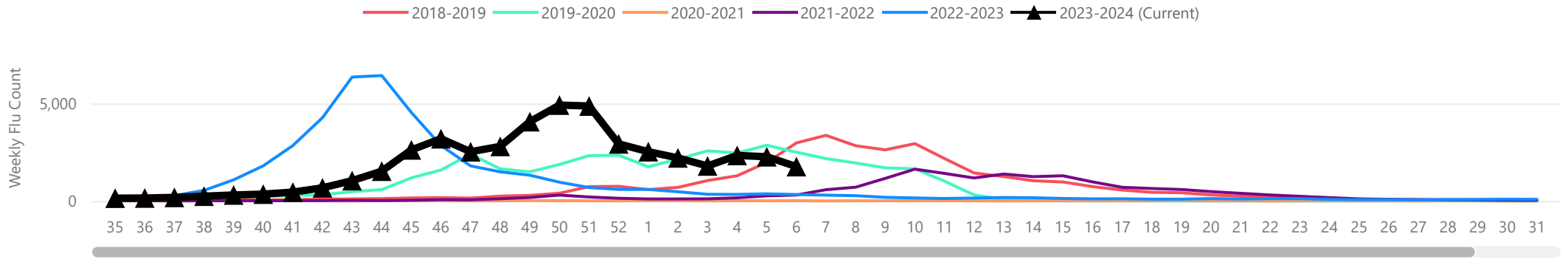
Figures to the left display counts of the ILI and Resp syndromes in ESSENCE.

The **Influenza-like Illness (ILI) syndrome** includes terms and their associated keywords such as "Flu", "Influenza", "H1N1", and for symptoms including "Fever" and "Cough" or "Sore Throat", while discounting non-ILI fevers (e.g., Rocky Mountain, Dengue).

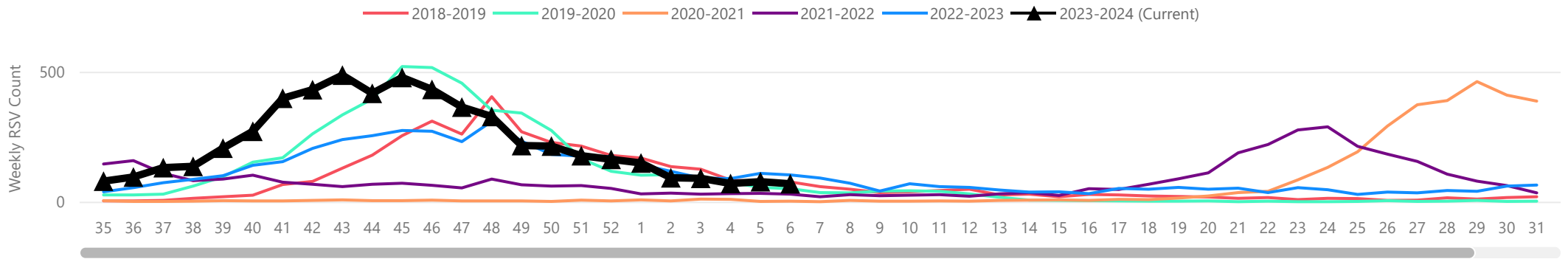
The **Respiratory (Resp) syndrome** includes terms and their associated keywords such as "Acute Bronchitis", "Chest Congestion", "Cough", "Shortness of Breath", "Acute Respiratory Distress".

Respiratory Diagnosis during Flu Season: 2023-2024 and previous 5 years

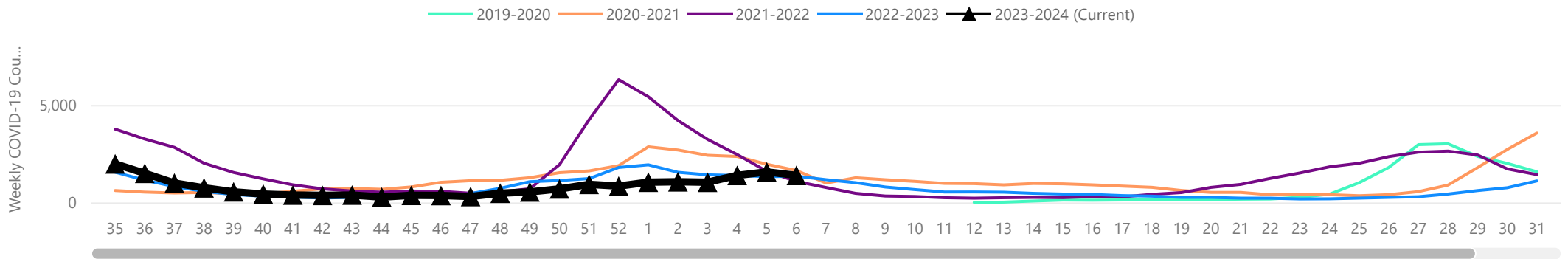
Weekly Flu Diagnosis Count



Weekly RSV Diagnosis Count



Weekly COVID-19 Diagnosis Count



Select Region

COH ZIP

PH6/5S

The discharge diagnosis field in an ESSENCE record contains ICD codes given by the provider/facility.

Figures to the left display counts of the ICD10 codes found in the discharge diagnosis field for influenza (flu), respiratory syncytial virus (RSV), or coronavirus disease 2019 (COVID).

2023-2024 Flu Season (Current)
Respiratory Diagnosis Counts:

45,953

Flu Diagnoses

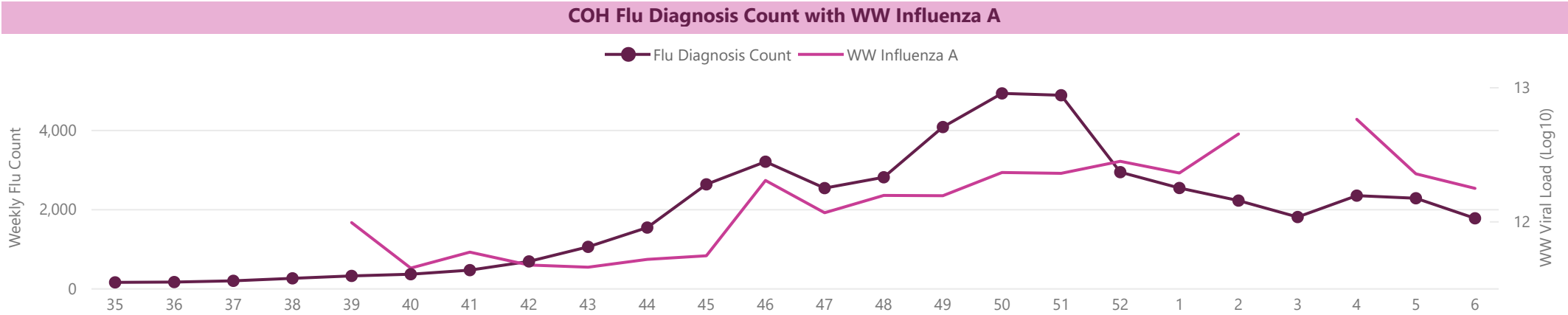
5,570

RSV Diagnoses

19,606

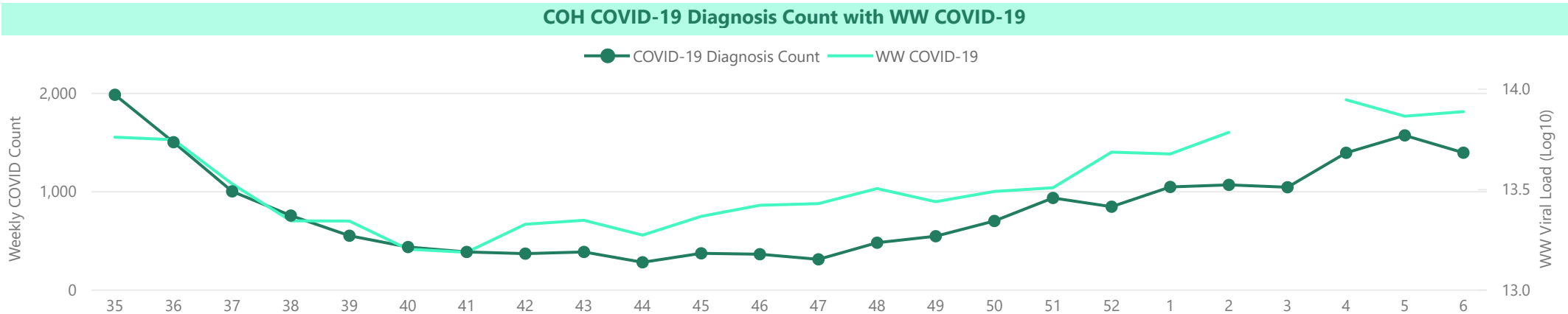
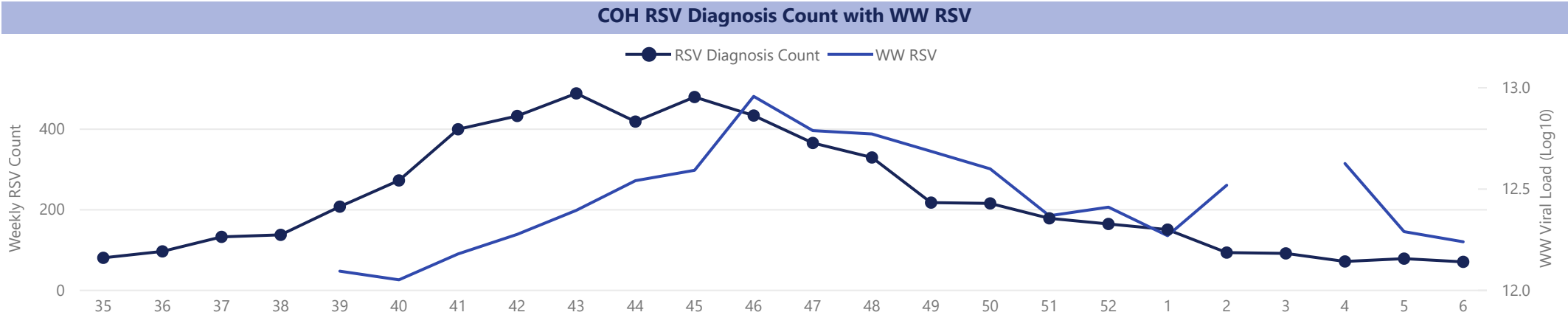
COVID-19 Diagnoses

Respiratory Diagnoses (Flu, RSV, COVID) Weekly Counts with Wastewater Trends for Current 2023-2024 Flu Season



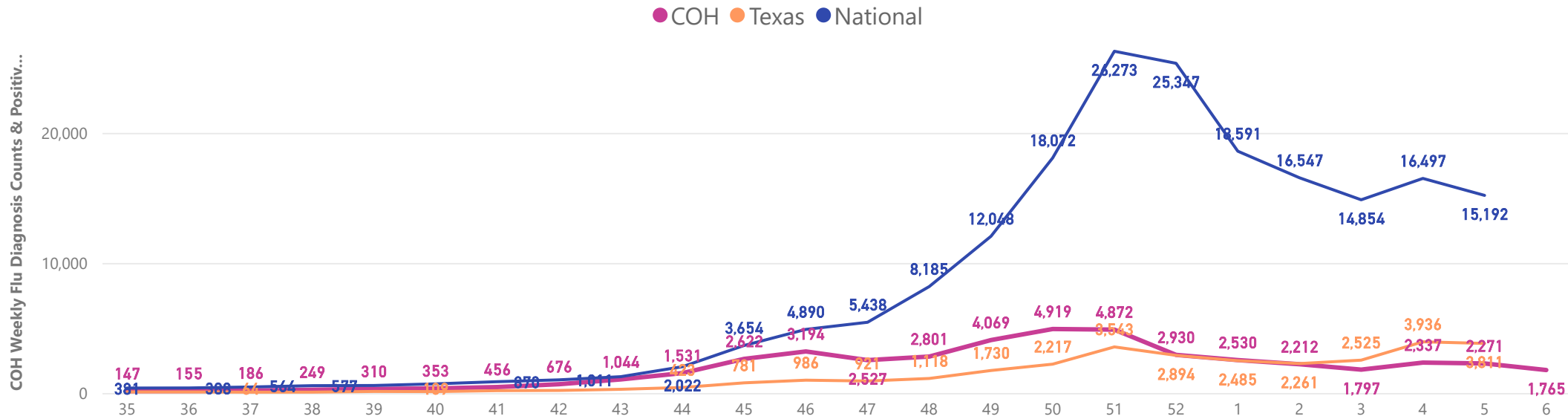
COVID-19 in wastewater (WW) is consistently tested on a weekly basis. Testing for Influenza A and RSV in wastewater resumed on a weekly basis on 9/25/2023 (MMWR Week 2023-39).

There was no WW sampling 2024-03 due to cold weather events.



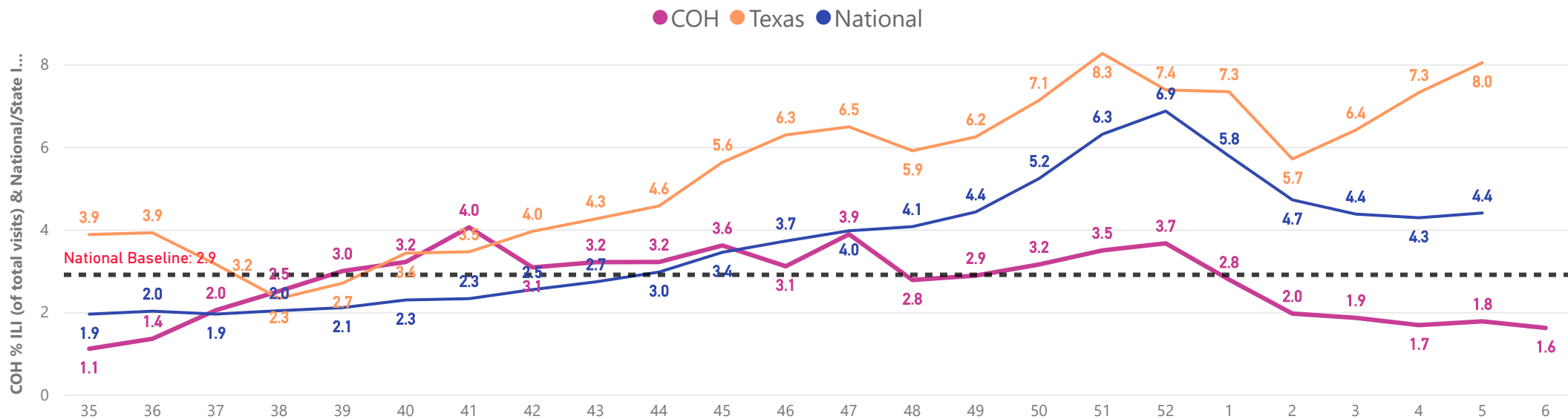
COH Flu Diagnosis Weekly Counts & Percentage of Visits with National and Texas Flu Trends for Current 2023-2024 Flu Season

COH Flu Diagnosis Counts with Texas and National Positive Flu Tests



Note on top figure: this figure is for comparison of general trends only. National and Texas weekly values (influenza positive tests reported to CDC by clinical laboratories) are sourced from CDC's FluView and are displayed with weekly syndromic flu diagnosis counts for the COH 126 ZIP codes.

COH, Texas and National Percentage of Visits for ILI



Note on bottom figure: this figure is for comparison of general trends only. National and Texas weekly values (percentage of visits for ILI) are sourced ILINet via CDC's FluView and are displayed with weekly percent ILI (out of total visits) from ESSENCE for the COH 126 ZIP codes.

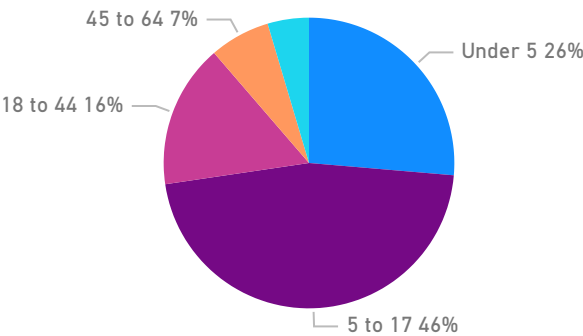
The dashed line on figure corresponds to the 2023-2024 national baseline value.

Demographics of Flu Diagnoses for 2023-2024 Flu Season (Last 5 weeks, COH 126 ZIP Codes)

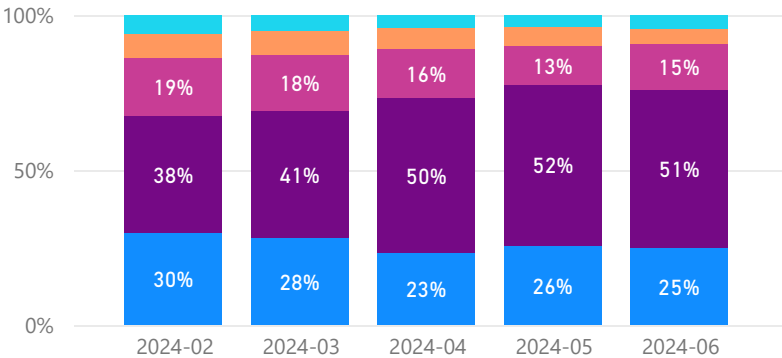
Last 5 Weeks: Flu Diagnosis Count

10,250

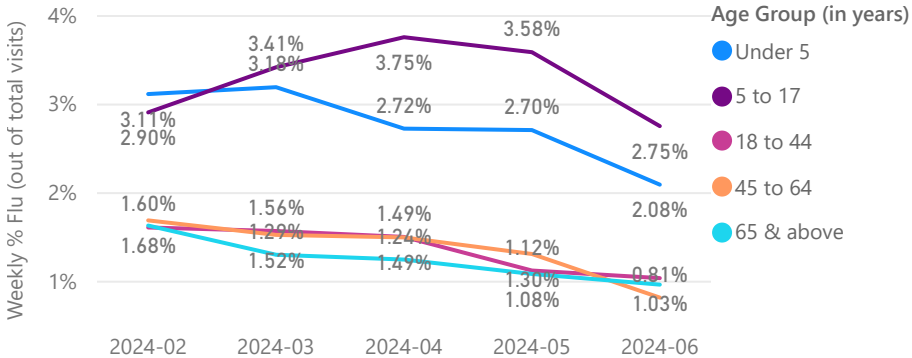
AGE GROUP: % Distribution for Current Season



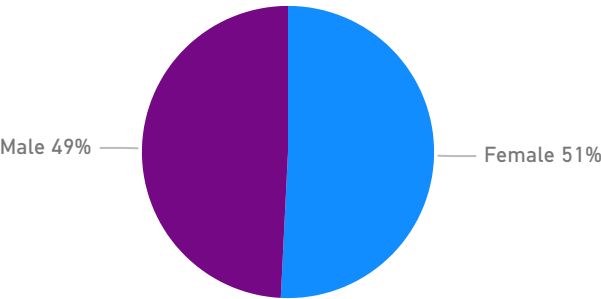
AGE GROUP: % Distribution by Week



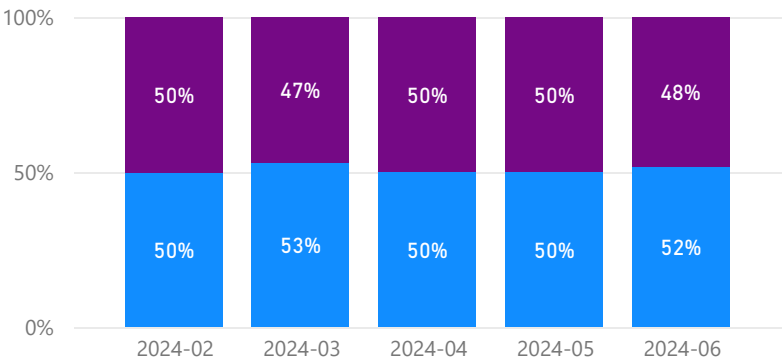
AGE GROUP: % Flu of Total Visits by Week



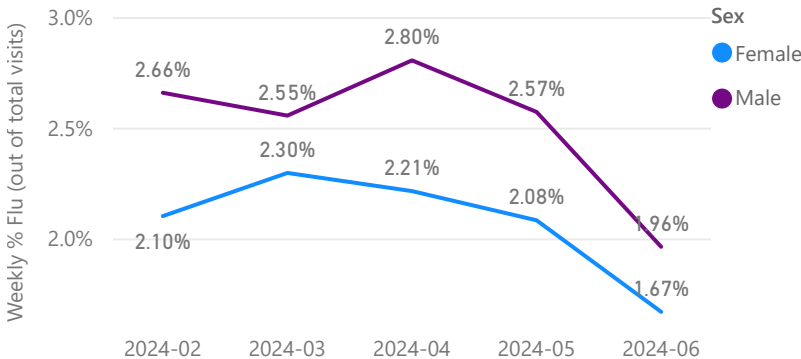
SEX: % Distribution for Current Season



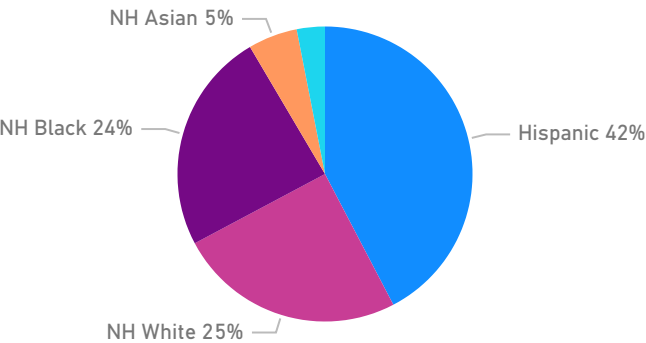
SEX: % Distribution by Week



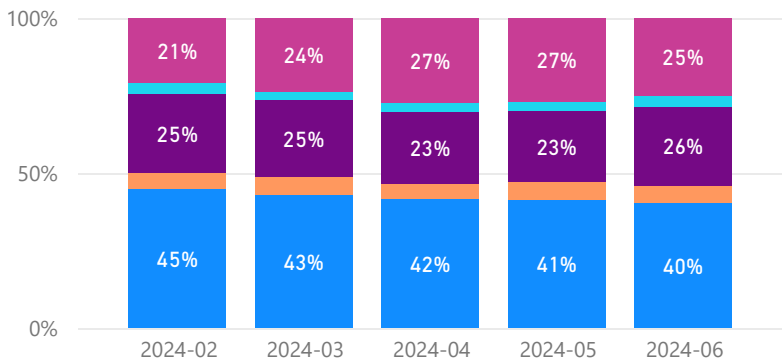
SEX: % Flu of Total Visits by Week



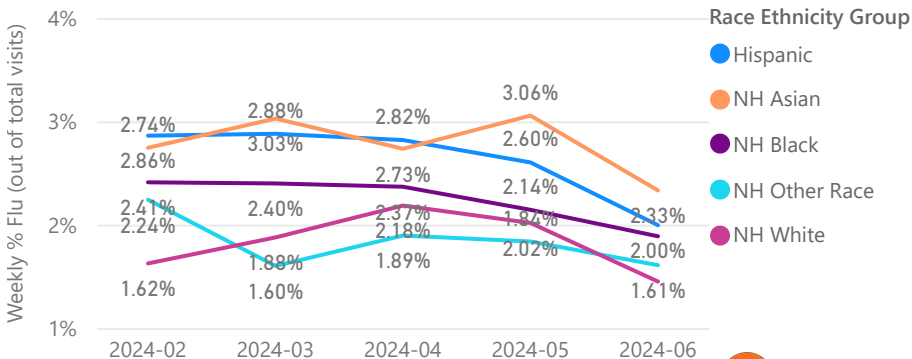
RACE-ETHNICITY: % Distribution for Current Season



RACE-ETHNICITY: % Distribution by Week

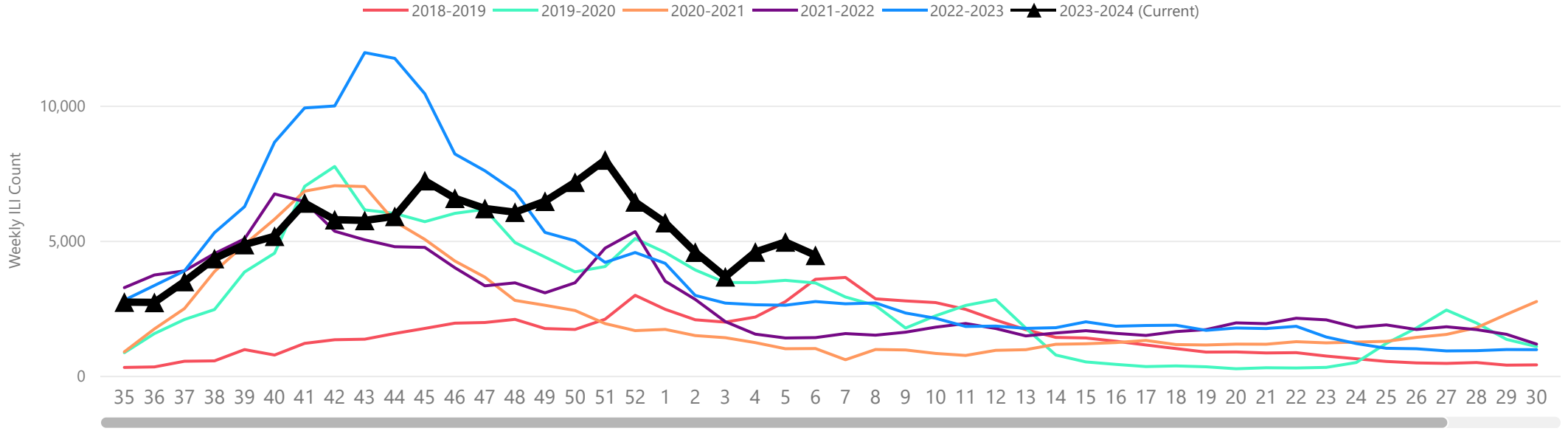


RACE-ETHNICITY: % Flu of Total Visits by Week



ILI & Resp Syndrome during Flu Season: 2023-2024 and previous 5 years

Weekly ILI Syndrome Count



Select Region

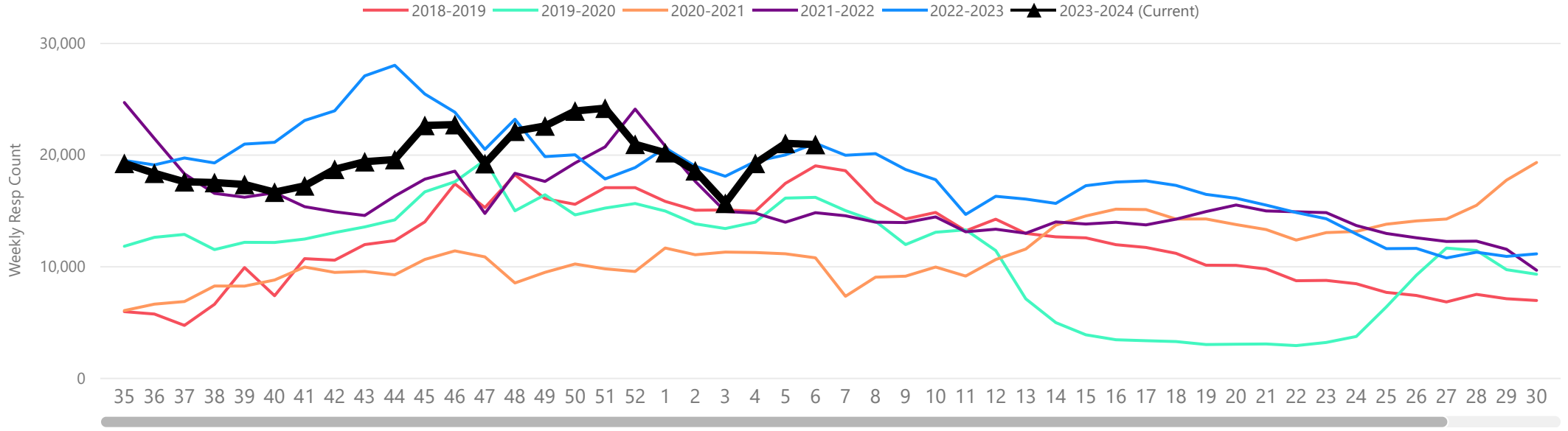
COH ZIP

PH6/5S

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Weekly Resp Syndrome Count



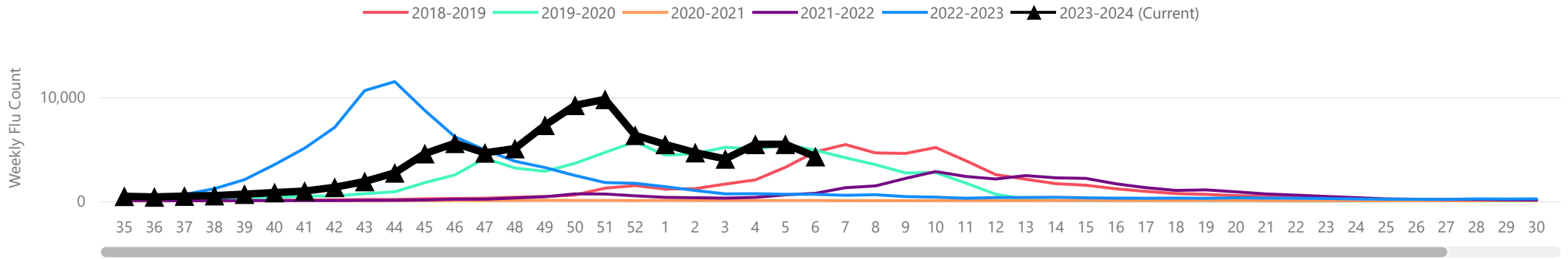
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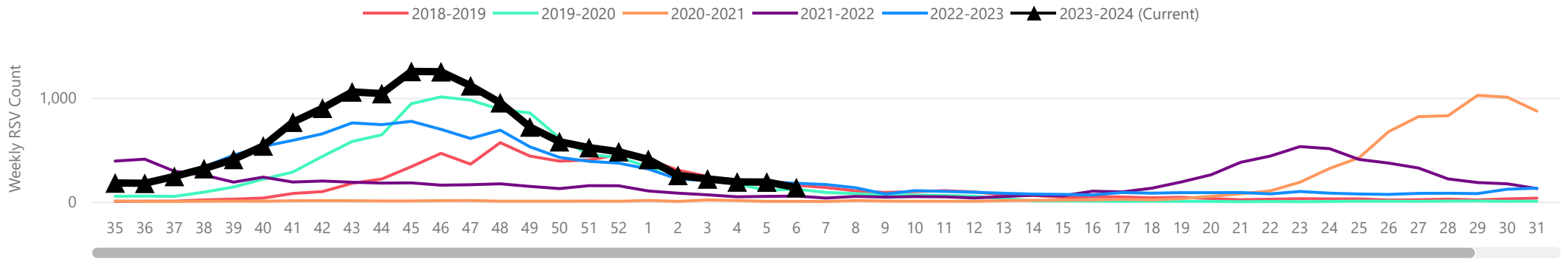
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Respiratory Diagnosis during Flu Season: 2023-2024 and previous 5 years

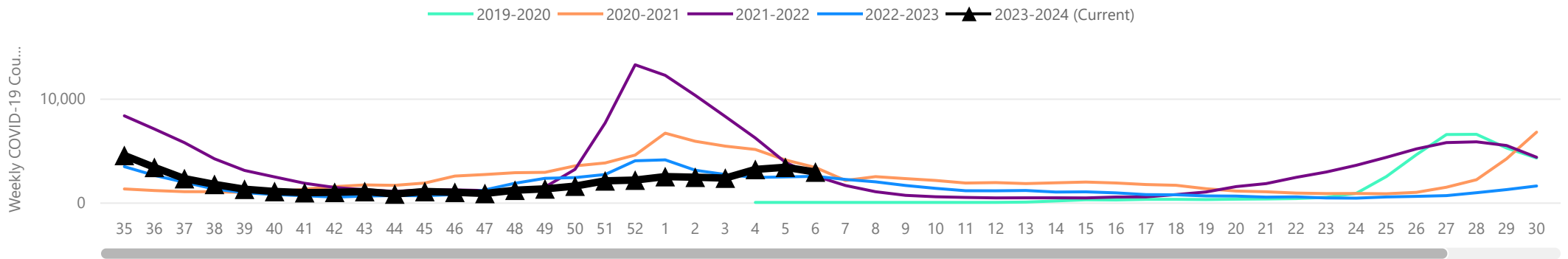
Weekly Flu Diagnosis Count



Weekly RSV Diagnosis Count



Weekly COVID-19 Diagnosis Count



Select Region

COH ZIP

PH6/5S

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2023-2024 Flu Season (Current)
Respiratory Diagnosis Counts:

91,907

Flu Diagnoses

13,882

RSV Diagnoses

45,911

COVID-19 Diagnoses